## 30 THINGS TO TOSS OUT IN THE NEXT 30 DAYS

- 1. Christmas lights that don't work
- 2. Expired Medications
- 3. Shopping bags
- 4. Scraps of junk mail
- 5. Expired Coupons
- 6. Gifts you don't want or will never use
- 7. Boxes
- 8. Empty jars or storage containers
- 9. Store reward cards you never use
- 10. Candles that have burned out
- 11. Jeans that don't fit right
- 12. Old school bags
- 13. Empty or almost empty products
- 14. Knickknacks you don't want
- 15. Used gift cards

- 16. Out of date hair products
- 17. Out of date skin products
- 18. Old receipts you don't need
- 19. Product samples you didn't use
- 20. Old paperwork you don't need
- 21. Delete bad pics, screenshots
- 22. Delete Apps you don't use
- 23. Worn out socks
- 24. Worn out t-shirts
- 25. Cancel digital services you don't use
- 26. Donate books you didn't enjoy
- 27. Frayed or Stained wash towels
- 28. Out of date magazines
- 29. Old keys on your keyring
- 30. Old calendars

Take the challenge to get organized!

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